

# OUR DAILY BREAD OF BRADENTON

*Humble stewards of other people's generosity and grateful courier of a stranger's kindness*

## KITCHEN HOURS

6:30am - Noon

## LOAVES & FISHES

Mon & Fri 9 - 11am

## FEBRUARY 2022

[www.ourdailybreadofbradenton.org](http://www.ourdailybreadofbradenton.org)

## The Giving Challenge 2022

April 26-27, 2022 Noon to Noon

— 2022 —  
**GIVING CHALLENGE**

**Be The One**

## Save The Date!

## Be The One!

We are pleased to be part of this years Giving Challenge 2022, April 26-27, 2022 noon to noon. This 24 hour online giving event connects nonprofit organizations with passionate donors and community members to support diverse causes and create an enduring impact in Sarasota, Manatee, Charlotte and DeSoto counties.

Hosted by the Community Foundation of Sarasota County, with giving strengthened by The Patterson Foundation. In celebration of the Giving Challenge's decade of generosity, The Patterson Foundation will strengthen giving during the 2022 Giving Challenge with 1:1 match on all unique donations between \$25 and \$100 per donor. With no cap on the number of individual matches.

This is a wonderful opportunity for your donation to DOUBLE!!!! in helping Our Daily Bread of Bradenton. This will be our second year participating in The Giving Challenge and with your help I believe it will be a successful challenge. Please, mark your Calendar! Tell all your friends, social groups and neighbors of this wonderful opportunity!

We Thank you for considering Our Daily Bread of Bradenton, we will make you proud and continue to serve the needy in our community.

We are so excited and we are looking forward to your help, Be The One!!!!

To participate and learn more about The Giving Challenge 2022 visit:  
[www.GivingChallenge.org](http://www.GivingChallenge.org)



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# PRESIDENT'S NOTE

**IN ALL THINGS I HAVE SHOWN YOU THAT BY WORKING HARD IN THIS WAY WE MUST HELP THE WEAK AND REMEMBER THE WORDS OF THE LORD JESUS, HOW HE HIMSELF SAID, "IT IS MORE BLESSED TO GIVE THAN TO RECEIVE" -ACTS 20:35**

First of all, I would like to take the opportunity to thank all our volunteers, donors and staff for another wonderful year. Our volunteers have continued to weather the covid storm and to help the most needy in our community. Our donors, whether individuals, churches, civic groups, or foundations, continue to support our mission.

Our staff has also done yeoman's duty during all the craziness of the last two years. What a devoted team. Our kitchen hasn't missed one day of serving our daily meal and our self-serve food pantry only closed for one day.

One more thank you to our board of directors, who has guided Our Daily Bread through many obstacles during the pandemic. An amazing job by all!

Our Christmas "give-away" was a huge success again this year. We were able to give the most needy in the community sweatshirts,

underwear, t-shirts, gloves, socks, blankets, ponchos and fruit. The children were especially happy with all the toys and bikes we were able to distribute.

More good news is that the large majority all of these items were either donated or paid for by donations. What an amazing community we live in!

One final thank you to Feeding Tampa Bay, Meals on Wheels, Publix, Winn-Dixie, Fresh Market, Aldi's, Costco, Gordon, Chick-fil-A and many more for supplying us with the much needed food to prepare our daily meal and to help stock our pantry shelves.

Be Healthy & Safe

God Bless,

**MARK McLAUGHLIN**

# DIRECTOR'S NOTES

I don't do breakfast. I know, I know! I have heard a thousand times that it is the "most important meal of the day." While that may be true, I heard that it was a cereal sales slogan in the "40's". I have no personal vendetta against eggs, bacon or even cereal companies; I just don't like food in the morning. However, as noon rolls around I am all in!

To me, the most important meal is the one that you are able to find and prepare from the shelves of your own pantry. There are many in our community who don't have that luxury. Imagine if you were one of them?

Thanks to the long and amazing history of Our Daily Bread of Bradenton and the donations from churches, local businesses and private individuals that keep the funding going, there is a solution everyday of the year for those that are hungry.

If you are one of those who has shared food or funds to acquire food for the hungry, please know you are appreciated and we extend our sincere thanks. If you plan on donating in the future we all thank you in advance, for the hungry are out there!

**MONA HARTMANN**

# COACHES NOTES

We are still adjusting to our changes in personnel during 2021. We lost our secretary Diane and one of our board member Bruce this year, Kirk passed in May and with Penny retiring in August we haven't experienced this since 2010 when Mary passed. The ongoing effects of the pandemic haven't stopped us from opening every day. Thanks to our team of volunteers and our staff. Angie and Britney are working together between our two programs sharing personnel and foods creating a new A-Team I'm so happy to report.

On reviewing our year-end operating reports our receipts were \$20,000 higher due to proceeds from one estate, our expenses were down due to in large part by our reduced cost of the Covid-19 expenses this year. The number of meals served is down by 35 per day, it may be a sign there are fewer clients needing our services or they are still afraid of the pandemic and larger crowds. But, if we serve 150 meals or 250 meals our costs are the same, for some other reason. Turning Points annual count of the homeless is in January, it will be interesting to see if their count this year is less than last years.

Most of our expenses, 30 percent are fixed costs like utilities, insurances, repairs, supplies and security. The only expense we can

control are our food purchases and labor. Our costs are \$1,077.00 per day of operation, in 2016 our daily costs were \$844.00. Wages increased to \$12.00 plus working towards \$15.00 per hour is the reason for our daily costs increasing.

At Loaves and Fishes our volunteer hours were up 62 percent this year from 2630 in 2020 to 4263 in 2021. The increase in volunteer hours was due to Goodwill food barrels donations which we received until October 1st. For over a year we benefited from this program and received over 220,000 pounds of food. Britney and the team of volunteers had to unload 10 plus barrels per delivery and restock our pantry's shelves. They did a great job. Since October 1st. They have used their time cleaning, organizing and spending more time assisting the clients. The homeless bags given out totaled 1397 for the year and they had 5568 shoppers during this year with family members totaling 21,089 benefiting from this program.

Thank you for your Time and Talent

Thank you for your Financial Support

Thank you for remembering us in your prayers

**BOB EIKILL**

# BLAKE'S NOTES

HEALTH AND WELLNESS ARTICLE COURTESY OF HCA FLORIDA BLAKE MEDICAL CENTER



## Heart Healthy Tips

Though the thought of you or a loved one experiencing a cardiac event can be frightening, there are steps you can take to reduce your risk by up to 80%, according to the American Heart Association. To improve your heart health and reduce your risk of a heart attack, try implementing these simple steps recommended by the AHA:

- ♥ **AVOID OR QUIT SMOKING:** Smoking can increase the chances of contracting a stroke or heart attack.
- ♥ **DRINK IN MODERATION:** Excess drinking can raise blood pressure and increase the chances of stroke and other health diseases.
- ♥ **LOWER HIGH BLOOD PRESSURE:** Take recommended medication and shake-off the desire for salt to reach an optimal blood pressure less than 120/80 mmHg.
- ♥ **SELECT A HEART-HEALTHY DIET:** Choose a diet with

nutrient-rich foods and emphasize vegetables, fruits and whole grains to positively impact various controllable heart-risk factors.

- ♥ **STAY ACTIVE EVERYDAY:** A minimum of 150 minutes per week of moderate-intensity physical activity can lower your blood pressure, weight and cholesterol.
- ♥ **STRESS LESS:** Find healthy ways to manage your stress. Studies show stress can enhance the risk factors for stroke and heart diseases.

Talk to your doctor about your heart health. Your doctor can work with you to review your family and medical history and develop a plan to reduce your risk of heart disease and better your overall health. You can learn more about your heart risk by taking the Health Profiler quiz at [BlakeMedicalCenter.com](http://BlakeMedicalCenter.com).

## HOUSE NOTES

We never Call asking for Donations

We Do Not use Professional Fund Raisers

We only use your Address for mailing Thank Yous and our Newsletter

We would like to establish an email data base for volunteer's information and

setting up schedules. If you are interested in receiving our newsletter electronically (please be patient we are working on finalizing our list) and/or "what's happening" please email us at, [blessings@ourdailybreadofbradenton.org](mailto:blessings@ourdailybreadofbradenton.org)

## FAITH AND VALUES NOTES

Let there be peace on earth, And let it begin with me....

Let there be peace on earth, The peace that was meant to be with God as our Father, Family all are we.

Let us walk with each other in perfect harmony, Let peace begin with me...

Let this be the moment now. With every step I take, Let this be my solemn vow, To take each moment in peace eternally.

Let there be peace on earth, And let it begin with me...

A Beautiful Thought... ♥

## ANGIE'S PANTRY NOTES

Happy New Year! I would like to thank all our dedicated volunteers, our staff and all that continue to help serve our community in spite of all these restrictions that the Covid virus has placed upon us. We have been able to serve between 150 – 265 meals a day with your help! Without all of you this would not be possible. Thank you so much!

A Special Thank You to Jane Stewart for arranging volunteers and donations of toys for the Children's Christmas "give away". The looks

on their faces said it all, pure Joy!

A Big! Thank you to all that volunteered and donated. It filled my heart and I felt so proud of our team.

If you can help or know of anyone that would like to volunteer please come join our team. Contact me at 941.745.2992 or email me at [angie@ourdailybreadofbradenton.org](mailto:angie@ourdailybreadofbradenton.org)

ANGIE

## LOAVES & FISHES NOTES

Blessed to start the year off with a strong team of volunteers. We have managed to stay open through the pandemic. Thank you to all who have made this possible. I hope everyone's holidays were filled with joy.

I would like to thank everyone who contributed to our Children's Christmas Toy "give away". We had 90 plus children this year. Being able to put a smile on all their faces was so heartwarming. On top of all the toys we were able to gift 20 new bicycles. Thanks to all of you! A single mother of three stood out to

me, when her children received their new bicycles the oldest ones words were "Thank You So Much, now we will not have to walk to school".

Pure Holiday Magic!

Thank you Shawna, Louis Collier, Dee Bennett, Holly and Sue for delivering the bicycles from Christ Church of Longboat Key. You all made a big difference this Holiday Season!

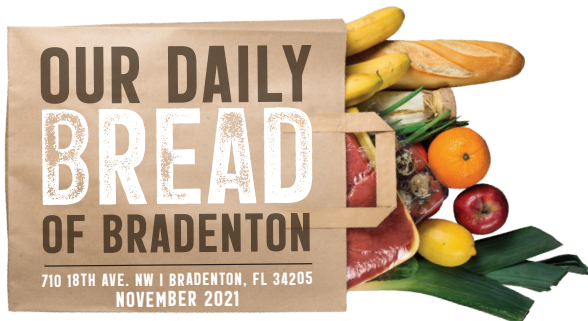
Our pantry is in need of the following items, ramen noodles, condiments, breakfast cereals, canned

pastas, infant formula and diapers sizes 4, 5 and 6. All donations are so appreciated and can be delivered to Loaves and Fishes or the Pantry. On behalf of our team and clients we sincerely thank you!

If you are interested in becoming a volunteer, please email me at [britney@ourdailybreadofbradenton.org](mailto:britney@ourdailybreadofbradenton.org) We have fun! I look forward to hearing from you.

Thank you, wishing you all a blessed year,

BRITNEY



**941-745-2992**



#### NEWSLETTER EDITOR

The purpose of this newsletter is to inform both volunteers and supporters of the activities and happenings at Our Daily Bread. Please address your comments and suggestions to Bob Eikill.

#### OUR STAFF

Coach | Bob Eikill | Volunteer  
Kitchen Manager | Angela Vela  
Loaves & Fishes | Britney Vela  
Off-Site Volunteer | Jenn Cecere

#### WORKERS

James Polite Daniel Pevy  
Pedro Medina David Mcarty  
Eddie Clark Brian Stephens  
Angelina Shakles

**PRESIDENT** | Mark McLaughlin  
**VICE PRESIDENT** | Barry Moffatt

**SECRETARY** | William C. Brown  
**TREASURER** | Robert Eikill

#### DIRECTORS

Dee Bennett  
Pariss Clark

Annette Larkin  
Pr. Craig Mathews

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Donate through PayPal: Use code PP-001-095-810-128

**THE MISSION OF OUR DAILY BREAD IS TO PROVIDE FOR THE NUTRITIONAL NEEDS OF THE POOR AND NEEDY OF OUR COMMUNITY IN THE CONTEXT OF COMPASSION AND AFFIRMATION OF THEIR HUMAN WORTH AS CHILDREN OF GOD. WE ACHIEVE THIS BY PROVIDING A DAILY SOUP KITCHEN AND FOOD PANTRY.**

## A SPECIAL THANK YOU

We are grateful for each dollar of financial support we receive. We strive to be good stewards of your generosity. We have limited space in our newsletter to acknowledge the gifts we receive and so we do send thank you notes to each donor. Our base support is from churches, individuals, community groups, businesses, estates, trusts, schools, and county government.

Longboat Island Chapel  
Westminster Presbyterian Church  
Church of the Annunciation

First United Methodist Church  
Trinity Lutheran Church  
Christ Episcopal Church

Our Lady Queen of Martyrs  
Kirkwood Presbyterian Church  
Christ Church of Longboat Key

100 Women Who Care Manatee  
Cherrington Foundation  
Five Talent Fund  
Brye Charitable Foundation  
E.T. Mackenzie of Florida

Mount Vernon Condo Association  
Firkins Auto  
Keyes Family Foundation  
Alpha Business Solution  
Manatee Memorial Hospital

Blake Medical Center  
Herbert Zimmerman Foundation  
Woodruff & Sons  
Turner Family Foundation

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Douglas & Dianne Delong  
Chris & Tammi Woodward  
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Cynthia Mansour  
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Mark E. McLaughlin  
Carol Bergs  
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Budmon & Carolyn Davis  
George & Julia Manson  
James & Hope Stephenson

George & Susan Ellis  
Rienell Fay Temps  
Robert & Lewis Brown  
James Barnett  
Robert Dods  
Jeffrey & Maria Sverdlow  
J&C Collins  
Arlene Purdum  
Marilyn Bower  
Vivian & Michael Chester